7th Grade Electives/Study Hall

Fall 2023

All electives are by quarter. If an elective is a specific quarter, it is noted in the description.

MONDAY - ELECTIVES

- ★ Knitting (Ms. Ferrara) In this elective students will learn the basics of knitting how to cast on, the knit stitch and how to bind off. Students will need to buy their own needles and yarn. There is also a limited supply of yarn to choose from at school.
- **★ Duolingo** (Mr. Ewing) Students will use Duolingo to progress as far as they can in the learning of one of many languages. They can choose from Spanish, French, German, Japanese, Italian, Korean, (Mandarin) Chinese, Russian, (Brazilian) Portuguese, Turkish, Dutch, Swedish, Greek, Irish (Gaelic), Hebrew, Polish, Norwegian (Bokmål), Hindi, Vietnamese, Danish, Romanian, Czech, Swahili, Welsh, Esperanto, Ukrainian, or Hawaiian.
- ★ Famous Athletes & Events in History (Mr. Held) In this elective, students will learn about various athletes and events that have made their mark on sports history.
- ★ Stewardship (Mrs. Kelly) Students will have the opportunity to make a difference in the world around them through their everyday actions. Join Mrs. Kelly in embracing one of our HCA Core Values and deepening your understanding of what Stewardship means as a Disciple of Christ. Students will learn more about our Catholic identity, share their own ideas through discussion, and participate in random acts of kindness and works of mercy. God calls us to be good stewards in this world so let's have fun doing it!
- **★ PE Try Hards** (Mrs. Smyka) In this elective, students will choose and play various PE games. The games will move at a faster pace then in a regular PE class. Students will be required to know/ understand the rules of the game, utilize good sportsmanship and give 110%.
- ★ Music Appreciation (Dr. McCullough) In this elective, students will study and increase their understanding of music. This is a required class for 7th graders during the second quarter. Students will take it on one of the required days. *2nd Quarter

TUESDAY - STUDY SKILLS (Mrs. Chehval, Mrs. Nolan, Ms. Sasser)

All 7th grade students will take study skills during the first quarter.

TUESDAY - ELECTIVES - 2nd quarter

- ★ Scratch (Mrs. Trueman) In this elective, students will learn how to code using Scratch. They will be able to create games or animations. This can be your first time using coding or maybe you are an experienced coder.
- ★ **Sewing** (Mr. Ewing) In this elective, students will learn basic hand sewing techniques and sew their own creations.
- ★ Famous Athletes & Events in History (Mr. Held) In this elective, students will learn about various athletes and events that have made their mark on sports history.
- ★ Creative Canva (Mrs. Kelly) Students will use their creativity to design and create cards, posters or flyers on Canva.
- ★ Music Appreciation (Dr. McCullough) In this elective, students will study and increase their understanding of music. This is a required class for 7th graders during the second quarter. Students will take it on one of the required days. *2nd Quarter

WEDNESDAY - STUDY HALL (Mrs. Trueman)

THURSDAY - ELECTIVES

- ★ Literary Magazine (Ms. Ferrara) Students will read and discuss various types of literature in a book club. Students will also collect writing submissions from the general student body and edit them in order to create a literary magazine.
- ★ **Geography Bee** (Mr. Ewing) Students will learn about cultural and economic geography, around the nation/world geography and physical geography.
- ★ Fit for Life (Mr. Zanaboni) In this elective students will work on components of fitness while playing games. From futsal to speed work, it's time to get moving.
- ★ Chess (Mr. Held) In chess, students will learn how to play the game and have matches against fellow players.
- ★ Stewardship (Mrs. Kelly) Students will have the opportunity to make a difference in the world around them through their everyday actions. Join Mrs. Kelly in embracing one of our HCA Core Values and deepening your understanding of what Stewardship means as a Disciple of Christ. Students will learn more about our Catholic identity, share their own ideas through discussion, and participate in random acts of kindness and works of mercy. God calls us to be good stewards in this world so let's have fun doing it!
- ★ Fun with Felt (Mr. Sullentrup) Our project journey will explore creative works using felt, yarn, and other soft materials. This class will require some hand stitching. *1st Quarter Only
- ★ Ceramics (Mr. Sullentrup) We will get our hands a little dirty as we work with clay. Students will learn to build ceramics pieces with pinching, slab, and coil methods, then paint them. *2nd Quarter Only
- ★ Music Appreciation (Dr. McCullough) In this elective, students will study and increase their understanding of music. This is a required class for 7th graders during the second quarter. Students will take it on one of the required days. *2nd Quarter