



# The Cross and Community

A Holy Cross Academy Newsletter



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## Family Faith Reflection :

*“May he grant you your heart’s desire and fulfill all your plans.”* Psalm 20:4

The start of a new year always feels like a fresh page - an open invitation to dream, reset, and move forward with hope. As Catholics we know that true new beginnings don’t come just from resolutions or plans; they come from God’s grace.

As you step into the new year, take a little time to pause and reflect: Where have I seen God’s hand in the past year? Maybe it was in answered prayers, joyful family moments, or opportunities you didn’t expect. Maybe it was in the

struggles that taught you to lean on Him more deeply.

St. Augustine said: “Trust the past to the mercy of God, the present to His love, and the future to His providence.” Reflection isn’t about getting stuck in the past - it’s about finding gratitude in what God has already done so we can trust Him with what’s ahead.

God, as we begin a new year, remind us of our truest values and our deepest desires. Help us to live in the goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so we might live in peace with you now, one day at a time. Amen.